



Information Brochure


Veincentre

Veincentre - the standout choice!

You have taken the first step on your journey to feeling happier about your veins, now have the peace of mind knowing you have chosen the UK's leading quality provider of specialist vein treatments. We offer minimally invasive treatments for varicose veins, venous ulcers, thread veins and facial thread veins, and it's all we do.

Founded in 2003, Veincentre recognised the unique benefits of a pioneering procedure being offered in America to treat varicose veins, called Endovenous Laser Ablation (EVLA).

As a result, we were one of the first clinics to offer this treatment in the UK and have now been delivering this care to patients for over 20 years. It has been our mission since Veincentre began to provide the most effective, proven treatments and the highest quality of care, that is easily accessible. **EVLA treatment became recognised in 2013 by the National Institute of Health & Care Excellence (NICE) as the gold standard treatment for varicose veins.**

Our costs are fixed and upfront. We have no "from" prices and no per vein prices. Whatever you are quoted is the cost that you will pay.

! Did you know?

If untreated, varicose veins can lead to aching legs, swelling, pain, itching and skin changes such as venous eczema. In around 6% of sufferers, they can lead to ulceration and open wounds.



Our Clinics

Our aim is to provide easy access to our treatments and as a result, we have a choice of clinics that span England, Scotland and Wales. Each clinic is furnished with the latest technology and equipment to ensure the comfort and safety of our patients.

Once inside your preferred clinic, you will be cared for by a dedicated team whose sole focus is your safe and effective care. Our unique recruitment and in-house training methods ensure that treatment will be carried out by a highly qualified and experienced consultant doctor and nurse, giving you peace of mind that you are in safe hands.

Look out for new clinics being added all the time!

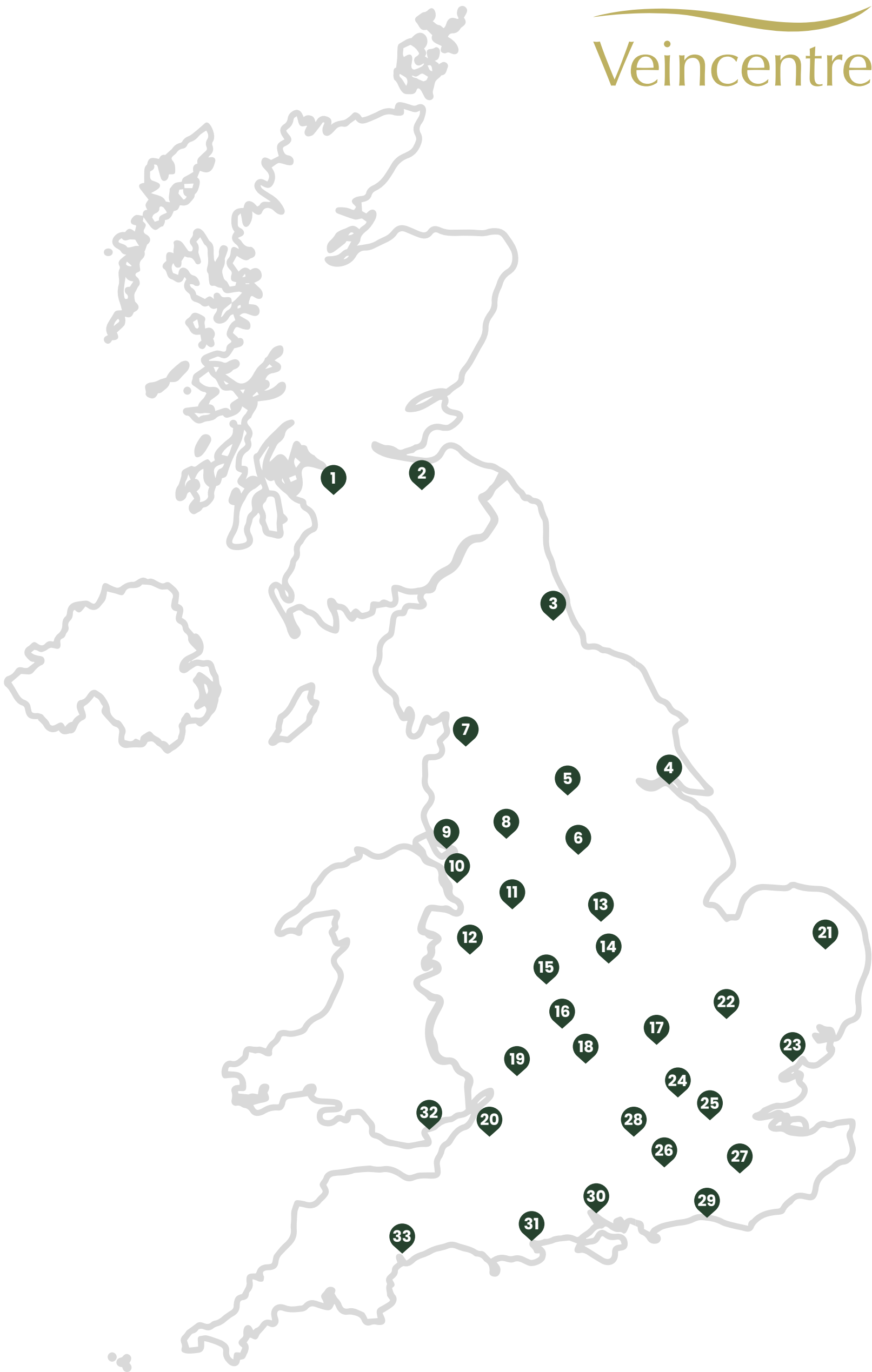
!

Did you know?

Veincentre has more clinics in the UK dedicated to your care than anyone else.



- 1. Glasgow
- 2. Edinburgh
- 3. Newcastle
- 4. Hull
- 5. Leeds
- 6. Sheffield
- 7. Lancaster
- 8. Manchester
- 9. Liverpool
- 10. Chester (coming soon)
- 11. Stoke-on-Trent
- 12. Shrewsbury
- 13. Nottingham
- 14. Leicester
- 15. Birmingham
- 16. Stratford-upon-Avon
- 17. Milton Keynes
- 18. Oxfordshire
- 19. Gloucester
- 20. Bristol
- 21. Norwich
- 22. Cambridge
- 23. Colchester
- 24. Rickmansworth
- 25. London
- 26. Woking
- 27. Tunbridge Wells
- 28. Reading
- 29. Brighton
- 30. Southampton
- 31. Poole
- 32. Cardiff
- 33. Exeter



Your Treatment Journey



A consultation includes a colour duplex ultrasound scan to determine if there is an underlying cause of your vein problems, i.e. faulty valves inside the veins, resulting in venous insufficiency. The results will be explained along with a tailored treatment plan.

01 Consultation

03 Follow-Up

After EVLA, a further colour duplex ultrasound scan will be carried out to confirm that the refluxing vein has been successfully closed and the source of the problems has been fixed. Foam sclerotherapy or microsclerotherapy are required at this stage by most patients.



If the scan indicates faulty valves inside the vein, the required treatment will likely be Endovenous Laser Ablation (EVLA), which treats the source of your vein problems and restores healthy blood flow to the legs. Foam sclerotherapy is often required as a secondary treatment to treat the visible veins.

For patients with minor varicose veins, EVLA may not be needed and the primary treatment is likely to be foam sclerotherapy. For thread veins, the recommended treatment is usually microsclerotherapy.

02 Primary Treatment

04 Further Treatment

In 90% of cases, patients do not need further treatment. However, treatment at this stage is simply further foam sclerotherapy or microsclerotherapy for the remaining 10% who need it.



! Did you know?

EVLA treatment typically takes less than an hour, so is a walk-in, walk-out procedure.

Overview of Conditions

Varicose veins



Varicose veins are twisty, bulging veins on the legs which are an indicator of an underlying valve problem in the veins (venous insufficiency). They can cause a range of symptoms such as pain, aching, swelling and throbbing, and can be unsightly.

Venous ulcers



A **venous ulcer** is the most serious manifestation of venous insufficiency and will not heal unless circulation in the legs is improved. Most frequently they occur between the knee and ankle, often with discoloured or hardened skin around the ulcer.

Thread veins



Thread veins, also known as spider veins, are tiny prominent veins that lie just beneath the surface of the skin. Their distinctive branching pattern resembles a spider's web, hence the name.

! Did you know?

1 in 3 adults will suffer with varicose veins at some point in their life.

Overview of Treatments

The National Institute for Health and Care Excellence (NICE) provides national evidence-based guidance and treatment advice to the NHS and healthcare practitioners. They recommend that treatment should be by Endovenous Laser Ablation and if this is not possible or required, Foam Sclerotherapy. Surgery should only be undertaken if both of these fail.

Endovenous Laser Ablation (EVLA)

EVLA is the most common treatment for **varicose veins**, recommended by NICE as the gold standard. The treatment is used to treat the underlying cause and is carried out on an outpatient basis under local anaesthetic. Using ultrasound guidance, a thin laser fibre is inserted into the vein requiring treatment and then slowly pulled out. The heat from the laser destroys the faulty valves, causing the vein to be absorbed by the body, restoring healthy blood flow to the legs, diverting blood flow to other healthy veins. Most patients also require secondary treatment in the form of foam sclerotherapy to improve the cosmetic appearance of the leg by treating the visible veins. EVLA is also used to treat the underlying cause of **leg ulcers**.

Foam sclerotherapy

Foam sclerotherapy is used to treat **smaller varicose veins** or **larger thread veins** and involves a foam made up of a sclerosant mixed with air being administered into the vein. The sclerosant seals the vein by irritating the lining of the vein wall, causing it to close and ultimately break down over time and be absorbed by the body. No local anaesthetic is needed. More than one session of treatment may be required, which will be discussed at your consultation.

Microsclerotherapy

This procedure involves a sclerosant being administered which seals the vein by irritating the lining of the vein wall causing it to close, and then over time, the vein breaks down and is absorbed by the body. **Thread veins** can be stubborn so multiple sessions are often required.

Thermocoagulation

Often referred to by brand name ThermoVein®, thermocoagulation is a procedure that is used to treat **thread veins on the face or legs**. It involves applying heat to the vein, causing it to disappear. Only the top layers of skin are breached; the vein itself is not pierced. If the veins are extensive, more than one session may be required.

! Did you know?

We have been performing EVLA since 2003. NICE recognised EVLA as the gold standard treatment for venous insufficiency in 2013, 10 years after our first procedure.



Treatment Costs

An initial consultation at Veincentre costs just £250. From this appointment you will get a clear understanding of your condition. The appointment involves:

- A detailed conversation with a specialist consultant to understand your condition and medical history
- A colour duplex ultrasound scan to discover the underlying cause, such as venous reflux
- A physical examination of the affected area
- A fixed cost treatment plan tailored to you

If you require EVLA to just 1 leg (Unilateral), the treatment price is £1,900. If you need EVLA to both legs (Bilateral), the price is £2,600. Those are fixed prices, no matter how many veins need to be treated.

Following treatment, a follow up appointment is £300 and includes a session of sclerotherapy, if required. If foam sclerotherapy is the primary treatment, the cost of this would only be £560, and any further sessions would be £360.

We are recognised by all major insurers, including Vitality, AXA and BUPA. Please contact your insurer to see if your health plan covers this or contact us and we will do our best to help.

! Did you know?

We have payment plan options available via our partner, Chrysalis Finance.



Is treatment right for me?

Undergoing any medical treatment can be daunting. At Veincentre, we not only pride ourselves on the pioneering techniques we provide, but also the success of our procedures.

Read below about what some of our patients have to say and how treatment has transformed their way of life.

Patient Stories

Katie-Rose ★★★★★✔

"The entire experience was lovely. Greeted at the door by name was a special touch. Every member of staff was polite and kind. Will definitely go back here in the future."

Anonymous ★★★★★✔

"Right from the first enquiry, I received an efficient and professional service from the administrative team. My consultation was informative and I was treated very respectfully by all members of staff. I would certainly recommend the Veincentre."

Andrew ★★★★★✔

"I went wanting relief of itching and throbbing caused by varicose veins in my legs and improvement in the appearance and I have got exactly that. The discomfort from the veins has gone and my legs look much better, I'm able to wear shorts again without feeling self conscious."

Julie ★★★★★✔

"Very impressed with my experience. Excellent communication about my appointment. Lovely reception staff and excellent medical team who clearly explained my options."

Barbara ★★★★★✔

"Excellent service from when I booked my first appointment through to my last consultation. Very pleased with the results, would definitely recommend."

Agnieszka ★★★★★✔

"Excellent clinic and service. Very quick results and I am so happy with my legs now. Off to wear many dresses and shorts xx"

Richard ★★★★★✔

"Very nice staff, information was clear and precise, no hidden fees for treatment."



★★★★★ 4.9 / 5 stars
over 800 reviews

Before & After | Real Life Transformations



Why wait any longer?

Do you feel ready to take the next step?

Why not speak to one of our patient advisers to book a consultation today? They are on hand to discuss your condition, to advise on any questions you may have, and to offer any support necessary.

At Veincentre we only treat vein conditions and so our advisers are highly trained and knowledgeable regarding your condition. They can find you an appointment at your nearest clinic, for a date and time that suits you.

You can contact us via the following options:

Telephone: 01782 753 960

Email: patientcare@veincentre.com

Web Chat: visit www.veincentre.com and look out for the chat icon in the bottom left corner of the screen during office hours.

Our opening hours are 8am–5pm Monday to Friday and 9am–4pm on Saturday.

